LESSON QUIZ · 5 QUESTIONS

Healthy Relationships Online Quiz

Name: _____ Class: _____

Circle the best answer for each question.

1. Which of these is a healthy way to act online?

- ○ a) Checking your partner's messages when they're not looking
- ○ b) Asking a friend before posting a photo of them
- ○ c) Sharing a friend's secret in a group chat as a joke
- ○ d) Expecting a reply within five minutes

2. Your girlfriend wants your location on all the time "to know you're safe." This is:

- ○ a) Normal in every relationship
- ○ b) A sign of control, even if it's described as caring
- ○ c) Only a problem if she's an adult
- ○ d) Something you have to accept

3. Someone you met in a game asks for a private photo and to keep your chats secret. What should you do?

- ○ a) Send it, since they seem nice
- ○ b) Keep chatting but send an old photo
- ○ c) Don't send it, keep screenshots, block and report, and tell a trusted adult
- ○ d) Delete the game and tell no one

4. Someone threatens to share a private photo of you unless you pay. What is the best first step?

- ○ a) Pay quickly so it goes away
- ○ b) Send another photo to calm them down
- ○ c) Don't pay, keep evidence, stop replying and tell a trusted adult
- ○ d) Delete all your accounts and say nothing

5. True or false: if you really trust someone, you should share your passwords with them.

- ○ a) True
- ○ b) False

FOR THE TEACHER

Answer key

#	Answer	Why
1	b) Asking a friend before posting a photo of them	Asking before posting is consent online.
2	b) A sign of control, even if it's described as caring	Tracking someone's location all the time is a form of control.
3	c) Don't send it, keep screenshots, block and report, and tell a trusted adult	Gifts, secrecy and photo requests are warning signs. Telling an adult keeps you safe.
4	c) Don't pay, keep evidence, stop replying and tell a trusted adult	Paying usually leads to more demands. It's never your fault, and adults can help stop it.
5	b) False	Trust doesn't need passwords. Keeping your accounts private is healthy, even in close relationships.